

# Trauma Release Training



## Releasing Trauma

We all carry emotional trauma with us, from birth, from our childhood, from a past life. This trauma can become an obstacle in the energy field, blocking our experience of happiness, fulfillment and freedom in our lives.

In this 6-lesson course you'll learn what causes emotional trauma, how it manifests and different ways to release it for yourself and others. We'll encounter in-depth emotional and spiritual healing, rebirthing, regressions into early childhood and past lives, and how to set foreign energies free.

- Lesson 1: Basics of Trauma Release
- Lesson 2: Emotional & Spiritual Healing
- Lesson 3: Rebirthing
- Lesson 4: Early Childhood Trauma
- Lesson 5: Past Life Regression
- Lesson 6: Releasing Foreign Energies

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## Course Delivery: Online

**Pre-requisites: None**

**Coursework:** This course is online, self-paced and can be accessed from anywhere where you have internet access. Includes videos, exercises and quizzes. Resources are also provided including pocket guides with step-by-step instructions on facilitating the releasing processes, and 4 demonstration videos.

**Practice:** Practice the learning by subscribing to the LIVE EVENTS, exclusive to FCV Academy students. LIVE EVENTS including Supervised Practice Workshops, Coaching Calls, Q&As and Webinars further enhance students' theoretical knowledge and offer opportunities to apply their facilitation skills.

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## Course Duration: 6 months

Complete within 6 months to earn your badge. Extend access to your course/s by Subscribing to the LIVE EVENTS. All subscribers will be able to access all courses they have previously enrolled in, for the duration of their subscription.

**Teacher:** [Maia Bahlsen](#)

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## Course Fees:

USD 599\* (\*normally USD699) - Afterpay available

LIVE EVENT Subscription: USD 199\* renewed annually (\*normally USD299)

**ENROL NOW**

Enrolments are completed online.

Once enrolled you will have immediate access to your first lesson.

\*By enrolling, you agree to our [terms & conditions](#).